

Cardiovascular Diseases Affect Employers

The Burden

Cardiovascular diseases are the No. 1 killer of Americans. They place a troublesome burden on American businesses & families.

Cardiovascular diseases account for **1/3** of all deaths.



By 2035 **45%** of people will have at least 1 cardiovascular disease.

By 2035, the cost from cardiovascular disease will exceed **\$1 Trillion** per year.

(That's nearly \$3 Billion a day)

Rising Healthcare Premiums

In the span of a decade, healthcare insurance premiums have drastically risen for both large & small businesses.

Small Business Increase



63% Increase
\$15,849 per employee

Large Business Increase



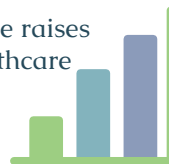
72% Increase
\$17,265 per employee

The Cost of Cardiovascular Disease



The Cost of High Blood Pressure

High blood pressure raises an employee's healthcare costs by nearly **1/3**



Hypertension-related absenteeism costs employers **\$10.3 billion per year**



The Cost of Stroke

Stroke is America's **No. 1** debilitating disease

Stroke costs all payers **\$6,492 a person per year**



Stroke leads to an average of **20 lost workdays per year per patient**



The Cost of Obesity

Obesity raises an employee's healthcare costs by **27%**



Obesity-related absenteeism costs employers **\$11.2 billion per year**



The Cost of Cardiovascular Diseases

Employees with a cardiovascular disease →

- Cost \$1,119 more per year in insurance
- Lost 56 hours more per year in productivity
- Congestive Heart Failure costs all payers \$8,332 a person per year



The Cost of Physical Inactivity

Physical inactivity costs U.S. employers **\$9.1 billion per year**

